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Daily Living Tasks at home

Your Name: _____ Date: _____

Type of residence (eg. 2 story house, apartment): _____

Square footage of your residence: _____

Number of residents in household, relationship to you of each person and ages of each person _____

Rate ability unassisted from 1 – 10, with 1 being best ability and 10 the worst				
	BEFORE THE ACCIDENT	AFTER THE ACCIDENT		
	Please insert dates to define these time periods →	Immediately Following the Accident	Intermediate (If different from immediately following the accident)	Currently (If different from immediately following the accident)
		PERIOD FROM _____ TO _____	PERIOD FROM _____ TO _____	PERIOD FROM _____ TO _____
DAILY LIVING TASKS	Rank 1 - 10	Rank 1 – 10	Rank 1 - 10	Rank 1 - 10
Getting in/out of bed/chair	Bed__ Chair__	Bed__ Chair__	Bed__ Chair__	Bed__ Chair__
Preparing meal				

Feeding oneself				
Walking in home				
Using stairs				
Taking medicine				
Grooming/hygiene (specify activity)				
Brushing/flossing teeth				
Shower/bathe				
Get up off floor				
Dressing/undressing				
Reaching down to pick items off floor				
Dealing with garbage/recycling				
Caring for pet(s)				
Making bed				
Other (specify)				
Other (specify)				
Other (specify)				